



# Sailing Instructions Tempest & K6 Northern Ullswater Yacht Club 30<sup>th</sup> May & 31<sup>st</sup> May 2026



## 1. RULES

- 1.1. The racing will be governed by the Rules as defined in 'The Racing Rules of Sailing 2025-2028 (RRS), the Prescriptions of the RYA, this Notice of Race (NoR), the Ullswater Yacht Club (UYC) Sailing Instructions and the relevant Class Rules, in that order. [NoR 1.1]

## 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any changes to the Sailing Instructions will be posted one hour before the first race they will affect and will be signalled by displaying the flag "L" accompanied by one sound signal.

## 3. COMMUNICATIONS TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice boards located outside of the Race Office on a club notice board.
- 3.2. Except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data transmissions, not available to all boats. This restriction also applies to mobile telephones.

## 4. CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.
- 4.3. Competitors should note that UYC operates the RYA Racing Charter and they will be expected to sail in compliance with the Charter. The Charter can be found on the RYA website at [www.rya.org.uk/racing/rules/racing-charter](http://www.rya.org.uk/racing/rules/racing-charter). [NoR 2.3]

## 5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the Race Office flagpole.
- 5.2. Signals made on the water will be displayed on the Course Committee boats.
- 5.3. Postponement Signals. The warning signal will be made at least 1 minute after the lowering of flag "AP".

## 6. SCHEDULE OF RACES

- 6.1. The schedule of races times of the warning signals will be according to the Notice of Race and/or as displayed at the Race Office. [NoR 12.3]

## 7. CLASS FLAGS

- 7.1. Tempest Class Flag T



- K6 Class Flag G



## 8. RACING AREA

- 8.1. The sailing area will normally be the Northern reaches of Ullswater, in the general area of Howtown to Pooley Bridge. [NoR 15.2] A lake map is included below.

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### 9. COURSES

- 9.1. The course configuration with the order in which marks are to be passed and side which each mark is to be left will be indicated on a course board displayed at the Race Office. [NoR 16.1]
- 9.2. Gates. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

### 10. MARKS

- 10.1. Course marks (not including start/finish marks) are generally large yellow/orange inflatable buoys or yellow fixed club marks named after their approximate location on the lake.
- 10.2. Where present, boats shall sail upwind between the flag mark and a boat displaying an orange flag acting as a gate.

### 11. OBSTRUCTIONS

- 11.1. These are shown on attached lake diagram and include,
  - 11.1.1. Mooring areas in Club and North Bays extending from outer line of moored boats or their moorings to shore.
  - 11.1.2. Shallows and reefs as indicated on the diagram, with which competitors shall make themselves familiar.
  - 11.1.3. The Committee Boat including any anchoring chains/warps shall be considered an obstruction.

### 12. THE START

- 12.1. The start will be governed by flag signals.
  - 12.1.1. Starting Signals. Races will be started using a 3-2-1-Start Sequence. This alters RRS 26 (Starting Races).

Minutes before Starting Signal	Visual Signal	Sound Signal	Means
3	Class Flag	One	Warning Signal
2	P,I,Z, Z with I, U or Black Flag	One	Preparatory Signal
1	Preparatory Flag removed	One	One Minute
0	Class Flag removed	One	Starting Signal

- 12.1.2. The warning signal for each succeeding class start shall be made with or after the starting signal of the preceding class.
- 12.1.3. Starting penalties under RRS 30 may be applied.
- 12.1.4. Race 1<sup>st</sup> warning signals not before times (NoR 12.3)

Date	1 <sup>st</sup> warning signal	Races scheduled per day
Saturday 30 <sup>th</sup> May 26	12.55	Race 1,2 & 3 back to back
Sunday 31 <sup>st</sup> May 26	10.55	Race 4,5 & 6 back to back

### 12.2. Starting Lines

- 12.2.1. Committee Boat. The start line will be between a staff displaying an orange flag or shape on the race committee boat and a staff displaying an orange flag or shape on the line mark, which may be a mark of the course.
- 12.2.2. Limit Marks. Limit marks may be laid adjacent to the Committee Boat or the shore. Limit marks are marks of the course and shall be passed on the same side as the starting line mark that they guard. For Committee boat starts, boats shall not pass between a limit mark and the starting line mark which it guards after the first warning signal of the starting sequence.
- 12.2.3. Boats who's warning signal has not been made shall keep clear of the starting area and the triangle formed by the windward mark and the ends of the starting line.

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### 12.3. Individual Recalls.

12.3.1. Flag Signals. As defined in RRS 29.1

### 12.4. General Recalls

12.4.1. If there is a general recall, the recalled start will be started immediately at the end of the start sequence. The last scheduled start will be the class warning signal of the recalled class. If the recalled class is the last class to start, the class warning signal for a new start shall be made 1 minute after the first substitute is removed (one sound signal). This changes RRS 29.2.

### 12.5. Black Flag Rule

12.5.1. Flag Signals. As defined in RRS 30.4, except in the event of a general recall or the race is abandoned after the starting signal, the race committee shall **not** display her sail number before the next warning signal for that race. This alters RRS 30.4.

## 13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1. The next mark may be repositioned by the Race Committee in accordance with RRS 33.

## 14. THE FINISH

14.1. Committee Boat/Offshore. The finishing line will be between a staff displaying an blue flag or shape on the race committee boat and a staff displaying an orange flag or shape on the line mark, which may be a mark of the course.

14.2. Absent Race Committee. If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

## 15. PENALTY SYSTEM

15.1. Accepting Penalties. A boat that has taken a penalty or retired under RRS 31 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

15.2. Race Committee. The Race Committee may, without a hearing, penalize a boat that has broken RRS 42.

## 16. TIME LIMITS

16.1. Leading Boat. The time limit for the leading boat finishing in each race will be ninety minutes.

16.2. Finishing Time Limit. Boats failing to finish within thirty minutes after the first boat sails the course and finishes will be scored "Did Not Finish". This alters RRS 35 and Appendices A5.1 and A5.2.

16.3. Failure to meet the Target Time will not be grounds of redress. This changes RRS 61.1.

16.4. Average Lap Times. The Race Committee may apply "average lap times" and to finish boats that are significantly behind the fleet. This alters RRS Appendix A3.

## 17. HEARING REQUESTS

17.1. Advisory Hearings and Arbitration are available as in RYA Rules Disputes Procedures – See ref. in 15.1 and posted on official notice board.

17.2. Submission. Protest forms are available in Race Office and shall be delivered there completed within sixty minutes after the time of the last boat to finish in that race or last back-to-back race in that sequence. This alters RRS 60.3 and 61.2. The protest time will be displayed on the official notice board.

17.3. Order and Timing. Protests will be heard in approximately the order of receipt as soon as possible in the clubhouse.

17.4. Appeals. On the last day of a series, a party to the hearing who asks for a re-opening shall do so no later than sixty minutes after being informed of the decision. This alters RRS 63.7.

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### 18. SCORING

- 18.1. Scoring will be in accordance with the Low Points system specified in RRS Appendix A.
- 18.2. Points will be awarded to the helm and boat combination. This alters RRS Appendix A.
- 18.3. Two races are required to be completed to constitute a series [NoR 18.1]
- 18.4. A boat's series score where more than three races are completed is shown in the table below: [NoR 18.2]

Number of races in the series	6	5	4	3	2
Races to count	5	4	4	3	2

### 19. SAFETY REGULATIONS

- 19.1. Retirements. A boat that retires shall inform the race committee as soon as possible.
- 19.2. Declarations. **Competitors shall sign on and off.**
- 19.3. Competitors shall sign off within 30 minutes of the last boat to finish that race or “back-to-back” races.
- 19.4. Competitors not complying with this procedure may be disqualified without a hearing. This alters RRS 63.1.
- 19.5. Personal Buoyancy. Adequate personal buoyancy for all crewmembers shall be worn at all times. Neither wet suits nor dry suits constitute adequate personal buoyancy. This alters RRS 40.

### 20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors is not allowed without prior written approval of the Race Committee

### 21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instruction.
- 21.2. Sail Numbers. No boat shall sail with no mainsail number.
- 21.3. Sail Numbers. No boat shall sail with the same mainsail number as another boat in the same class without the permission of the Race Committee.

### 22. OFFICIAL VESSELS

- 22.1. Official vessels will be identified as carrying the UYC branding.

### 23. SUPPORT TEAMS

- 23.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

### 24. TRASH DISPOSAL

- 24.1. Trash may be placed aboard official or support vessels. Any competitor placing trash into the lake may be disqualified without a hearing. This alters RRS 60.1.

### 25. BERTHING

- 25.1. Boats shall be kept in their assigned places while in the boat park or club mooring.

### 26. HAUL-OUT RESTRICTIONS

- 26.1. Boats shall be hauled out during the event, with the exception of vessels on club or out-of-port moorings.

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### 27. DIVING EQUIPMENT AND PLASTIC POOLS

27.1. N/A

### 28. PRIZES

28.1. Prizes and trophies will be awarded in proportion to the number of entries. [NoR 27.1]

### 29. RISK STATEMENT [NoR 25]

29.1. Rule 3 of the RRS states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event
- They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions
- Their boat is in good order, equipped to sail in the event and they are fit to participate
- The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities
- The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances
- It is the responsibility of competitors to familiarise themselves with the risks and Rules of the event and to attend the Competitors' Briefing

### 30. INSURANCE

30.1. All competitors shall warrant that they are covered by third party liability insurance of with a minimum cover of £3m per incident or the equivalent. [NoR 26.1]

### Ullswater Lake Map

