

Sailing Instructions

Aldeburgh Spring Regatta & K6 open, Saturday 25th and Sunday 26th May 2024

1. ORGANISATION & RULES

1.1 ORGANISATION Racing will be organised by the Aldeburgh Yacht Club. (AYC)

1.2 RULES Races shall be governed by the World Sailing Racing Rules of Sailing 2021-24, the Prescriptions of the RYA, the Relevant Class Rules, AYC Local Rules, the Notice of Race and these Sailing Instructions including any amendments. In the event of conflict, the Sailing Instructions shall prevail. This alters RRS 63.7

1.2.1 AYC Local Rules:

1.2.1.1 Any boat which, while racing, fouls a moored boat, excluding any Committee Boat, not in the race shall retire from that race immediately. She must also file a report in the AYC Incident Book. Contact with the mooring buoy, rope or chain is permissible. Failure to retire will render her liable to disqualification. If the contact is the fault of another boat, that boat shall also immediately retire, or be liable to disqualification and may not exonerate herself by doing a turn in accordance with RRS 44 as modified by these Sailing Instructions or by the use of the Exoneration Penalty. The boat that fouled the moored boat may, however, gain redress if the contact is deemed by the Protest Committee, following a Protest hearing, to be the fault of another boat even if that boat has already retired.

1.2.1.2 Boats shall leave the beacons marking the oyster beds to the South of the Martello Tower to the East. In addition, a boat shall not cross to the Eastward side of an imaginary line joining these beacons.

2. NOTICES TO COMPETITORS

Notices to the competitors will be posted on the Official Series Notice Board at AYC.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 9am on the day it takes effect, except that any change in the schedule of races will be posted before 8pm on the day before it will take effect.

4. SIGNALS MADE ASHORE

Signals made ashore shall be displayed from the AYC club flagpole.

When IC Flag AP is displayed ashore before the scheduled start of any starting sequence, 1 minute is replaced with not less than 60 minutes to a warning signal.

5. THE SERIES

The series shall consist of a maximum of four races commencing on Saturday 25th May and finishing on Sunday 26th May 2023.

The first race on Saturday will be at 13:30 and on Sunday will be 10:30 unless postponed or abandoned races have been carried over from a previous day.

6. SCHEDULE OF RACES

Draft Saturday 24th May. 1st Start Sequence.

13:30 International Canoe

13:35 K6

13:40 Flying Fifteen

13:45 Wayfarer

13:50 Loch Loong One Design

13:55 Dinghy Handicap

14:00 Keelboat Handicap

14:05 Junior and Youth Handicap

Draft Sunday 25th May. 1st Start Sequence

10:30 International Canoe

10:35 K6

10:40 Flying Fifteen

10:45 Wayfarer

10:50 Loch Loong One Design

10:55 Dinghy Handicap

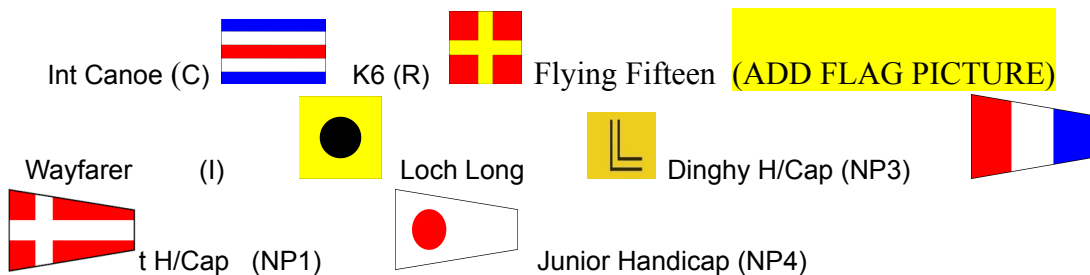
11:00 Keelboat Handicap

11:05 Junior and Youth Handicap

Subsequent races will start approx.10 minutes after the last boat in the relevant class finishes.

7. CLASS FLAGS

RRS 26 will apply. The Class Flags will be:



8. COURSES

8.2: "Round the Cans" Courses

8.2.1: The starting line will be the AYC South Line, situated about 300 metres south of the AYC clubhouse between a signal mast on the east side and the inner of two black and white poles on the west side of the river.

8.2.2: The finishing line will be either:

i: The AYC start/finish line between the main signal mast on the AYC clubhouse and the inner of two black and white poles on the opposite side of the river.

Or

ii: between the mainmast of a committee vessel flying a blue flag and the last mark of the course

8.2.3: These courses use the marks shown on the AYC chart and may also use laid buoys. In this case the position of the laid buoy(s) will be indicated on a board in AYC at least one hour before the start and the laid buoy(s) will be assigned a letter for display. The Course will be described by letters. The course Letters will be displayed at the AYC South line. The colour of each letter's background will be either red (Port) or white (Starboard)) to indicate on which side that mark is to be left. The letters should be read from left to right.

Elbow Buoy, Blackthorn and Cob Island Beacon shall be marks of the course. They will not be shown on the course board but shall be left to the southwest whenever they are

passed. In a course using Dove Point Mark, Havergate Island shall be passed on the same side as indicated for Dove Point Mark.

The AYC Club Line is a mark of the course at any point where a course passes through it.

If the course has two or more rounds (each comprising the same marks rounded in the same order) a board with a number on it will be displayed on the letter board after the relevant marks.

8.2.4. The target time for the "Round the Cans" course is 45- 60 minutes except that there is no target time for races including the Dove Point mark.

9. PENALTIES FOR BREAKING RULES OF PART 2

In alteration to RRS 44 the Two-turn penalty is reduced to a single 360° turn.

10. TIME LIMIT (changes RRS 35.)

Round the Cans Races: The time limit is 2 hours from the first valid start of each race. Boats finishing after the expiry of this limit will be marked Did Not Finish. This changes RRS 35.

Races starting from Aldeburgh which include the Dove Point Mark the time limit will be 5 hours.

11. POINTS SYSTEM

11.1 RRS A4.1 and A4.2, the Low Point Scoring System, will apply.

11.2 Ranking as a series: 2 races shall be completed for there to be a series.

11.3 Discards: If 4 races are finished, a yacht may discard its worst result. If 3 or fewer races are finished, no discards are allowed.

12. PROTESTS

12.1 In alteration to RRS 61.3, Protests shall be given to a member of the Race Committee or the AYC club manager and the Race Officer informed by the Protester within 1 hour of the last boat finishing the last race on that day if such race finishes at AYC (Protest Time). If the last race of the day finishes elsewhere the Protest Time limit will be 90 minutes. This time limit will be posted on the official notice board.

12.2 Protest Hearings: Notices will be posted within 30 minutes of the end of Protest Time to inform competitors of hearings in which they are parties or named as witnesses and of the location and time of the hearings.

12.3 Protests by the Race Committee: Notice of protest by the Race Committee will be posted to inform yachts under RRS 61.1(b). By the display of such notice, competitors shall be considered adequately informed of such a protest.

13. SAFETY PRECAUTIONS

13.1 RRS Rules: Attention is drawn to the following Fundamental Rules included in Part 1 of the Racing Rules.

i) Helping those in danger: A boat or competitor shall give all possible help to any person or vessel in danger.

ii) Life saving equipment and Personal Buoyancy: A boat shall carry adequate life saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision.

13.2 Each competitor is individually responsible for wearing personal buoyancy adequate for the conditions. If Flag Y is displayed personal buoyancy must be worn.

13.3 By participating in a race conducted under the Racing Rules of Sailing, each competitor and boat owner agrees:

- (a) to be governed by the rules.
- (b) not to use any form of radio communication, including mobile telephones, or any instrument capable of correlating readings from instruments, while racing, other than in an emergency.
- (c) to make a boat available as required for any checks of Equipment or Measurement that the Race Committee may require.
- (d) that boats will not be hauled out during the Championship except for repairs following the permission of the Race Committee.
- (e) to accept the penalties imposed and other action taken in accordance with the rules subject to the appeal and review procedures provided in them as to the final determination of any matter arising under the rules;
- (f) with respect to such determination, not to resort to any Court or Tribunal not provided by the rules.

13.4 Decision to race: A boat is solely responsible for deciding whether or not to start or continue racing.

14. DISCLAIMER OF LIABILITY

Risk Statement:

RRS 3 states “the responsibility for a boat’s decision to participate in a race or continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, Skippers and competitors agree and acknowledge that:

- (a) They are aware of the inherent element of the risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) Boats will have a valid third- party insurance of not less than £2 million sterling whilst racing.

Skippers must make their crew aware of their responsibilities contained in the Risk Statement before racing.

15. RETIREMENTS

Any yacht which retires should inform either the Race Officer or the Secretary’s office at AYC.